

NTOC MED SPA

Pre and Post Treatment Instructions for Flexsure

Pre Treatment Instructions:

Remove lotions or sunblock and wash the area prior to treatment. Any preparations left on the skin will act as impedance to the energy and will diminish the effects.

The treatment area must be free of any open lesions or infections.

****For an optimum treatment, hydrate by drinking plenty of water or hydrating fluids several days in advance. Avoid alcohol.****

Post Treatment Instructions:

Typically, clients may return to their normal activities after receiving a Flexsure treatment. Please follow the medical advice of the practitioner regarding the care of your skin.

Wash skin with tepid water and a gentle cleanser.

If the skin is slightly pink or red in areas following the treatment, avoid hot water when washing or showering until any erythema (redness) has subsided.

Soothing creams may be used on the treatment area(s).

Use a sunblock with an SPF of 40 or greater if you are going to be exposed to the sun to help prevent future sun damage. This treatment does not cause photosensitivity. Please contact us directly if you have any questions or do not understand any of the instructions outlined in this form.