

NTOC MED SPA
Pre and Post Treatment Instructions for TempSure Envi

Pre Treatment Instructions:

Remove all makeup, including eye makeup, lotions or sunblock and wash facial area prior to treatment. Any preparations left on the skin will act as impedance to the energy and will diminish the effects.

Neurotoxins or fillers should be given post-treatment or a **minimum of two weeks** prior to the TempSure Treatment.

For five to seven days prior to treatment, at the practitioner's discretion, avoid therapies that may cause erythema (redness) or irritation such as Retin-A or products containing Isotretinoin, glycolic and or salicylic acid.

The treatment area must be free of any open lesions or infections. Please note that having any medical implants containing metal is contraindicated.

****For an optimum treatment, hydrate by drinking plenty of water or hydrating fluids several days in advance. Avoid alcohol.****

Post Treatment Instructions:

Typically, clients may return to their normal activities after receiving a TempSure treatment. Please follow the medical advice of the practitioner regarding the care of your skin.

Wash skin with tepid water and a gentle cleanser.

If the skin is slightly pink or red in areas following the treatment, avoid hot water when washing or showering until any erythema (redness) has subsided.

Makeup, preferably mineral-based, may be applied immediately post treatment.

Soothing creams or moisturizers may be used.

Use a sunblock with an SPF of 40 or greater if you are going to be exposed to the sun to help prevent future sun damage. This treatment does not cause photosensitivity. The practitioner will describe the nature and timing of skin improvement that may be noticed over time. Please contact us directly if you have any questions or do not understand any of the instructions outlined in this form.